

# Alliance Health



North Carolina's Innovations  
Medicaid Waiver Program

# Supports and Services

Please note: all service requests will go through a medical necessity review prior to authorization

## Behavioral and Specialized Supports

### **Crisis Services**

Provides intervention and stabilization for individuals experiencing a crisis.

### **Specialized Consultation Services**

Expert training and consultation in a specified area, such as behaviors, recreational activities, nutrition, etc.

## Support in Home and/or Community

### **Community Living and Support**

Provides support for eating, bathing, dressing, personal care, hygiene and other daily activities. Also provide support to learn skills such as cooking, shopping, socialization and budgeting.

### **Community Networking**

Provides individualized support and integrated community access for participants to experience and grow their social network.

### **Day Supports**

Facility-based group or individual support, focusing on habilitation, socialization and daily living skills.

## **Respite**

Periodic or scheduled relief to caregivers at home or temporary relief to individuals in AFL settings.

## **Supported Employment Services**

Provides assistance with choosing, acquiring, and maintaining a job for participants ages 16 and older.

## Self-Directed Services

### **Individual Goods and Services**

Assist people who self-direct services to pay for services, equipment or supplies not otherwise provided through the waiver.

### **Financial Support Services**

File claims and process payroll for self-direction of services.

### **Employer Supplies**

Pays for equipment and technology needed to perform Employee of Record duties.

## Residential Options

### **Residential Supports**

Provides individualized services and supports to enable a person to live successfully in an out of home placement and be an active participant in the community. Typical settings are a Group Home or Alternative Family Living (AFL).

### **Supported Living**

Provides support for participant to live in home that is owned or rented.

# One-Time or As-Needed Services

## **Community Navigator**

Provides advocacy and assist with identifying resources in the community such as housing, guardianship, and community connections.

## **Community Transition**

Assists with set-up expenses related to being discharged home from a rehabilitation/specialty hospital, psychiatric hospital, skilled nursing facility, licensed living arrangement or family home/one-person AFL (One Time Service).

## **Assistive Technology**

Provides purchases of equipment to assist participant with daily living task and to ensure safety.

## **Vehicle Modifications**

Changes to a vehicle that enables participant to increase their independence and ensure physical safety.

## **Natural Supports Education**

Provides training and access to conferences and classes to families and friends that will assist in learning new or different ways to help member.

# Who May Be Eligible for Innovations Waiver Services

Residents of Durham, Wake, Cumberland and Johnston counties who are age three and older and who experience a severe, lifelong disability which:

- Is the result of a mental or physical disability or a combination of both.
- Begins before the age of 22 or is caused by a traumatic brain injury at any age.
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- In young children may be called a developmental delay.

Children at least three years old may qualify for services. However, those younger than three may be reviewed only for the Innovations waitlist.



## How Do I Get Started?

**Call the Alliance Health Access and Information Center and ask to speak to an I/DD Access Specialist**

**(800) 510-9132**

# Alliance Health

This pamphlet is for individuals, their families and natural supports. It is intended to offer an overview of the services and supports available under the NC Innovations Waiver for those who qualify.

Not all services are appropriate for all waiver individuals. It is best to work with your Care Team to discuss and determine the services that are best for you.

The individual and Care Team will work together to develop the Individualized Service Plan (ISP) to make your Innovations Waiver experience beneficial.



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